



Topic: The Olympics

Year: 4

Term: 6

Background Information

- The first recorded Olympic games were held in Olympia, in Ancient Greece in 776 BC.
- As well as Summer games the Winter Olympics are held every 2 years after the summer one.
- To symbolise the Ancient Olympics, the torch is carried around the host country.
- The Olympic logo is 5 rings in the colours represented on the flags of the world.
- London has hosted the Olympics three times.

Diagrams / Timelines / Photos



Interesting Facts

- There were only 10 sports in the Ancient Olympic games, in modern times, there are more than 20 sports.
- Athletes ran barefoot and wore no clothes in ancient times. In modern times, athletes now wear special shoes and specially designed clothes.
- In Ancient Greece, women were not allowed to watch or take part in the games.
- In Ancient Greece, a Sacred Truce was declared between different part of Greece that were at war. The truce lasted one month before the games.
- The first Olympic games lasted one day and consisted of only one race.
- The gold medal is silver with a coating of 6g of gold. 1912 was the last year that the gold medals were solid gold.
- The Olympic games have only been cancelled 4 times. In 1916 due to the First World War, 1940 and 1944 due to the Second World War and 2020 due to the Corona Virus.
- The award of gold, silver and bronze medals started in 1094.

Key Vocabulary

athlete	A person who is well trained in a sport.
spectator	A person who watches Sport competitions.
Ancient Greece	A civilization from Ancient Greek history.
discus	A metal disc with a diameter of 22cm, weighing 2 kg for men and 1 kg for women.
Olympia	A small town in Elis, Greece.
torch	A flame that is a symbol of the Olympic movement and is carried by people.
medal	A small portable artistic object awarded to winners.
pentathlon	A 5 sport event of fencing, swimming, show jumping, pistol shooting and cross country running.
stadium	A place or venue for out door sports.



Know how to / Activity

- Create an Olympic mascot. .
- Find 5 sports that were part of the Ancient Greek Olympics.
- Create an Grecian Urn painting using orange and black.
- Design an Olympic flag.
- Make a gold medal out of card.
- Write a list of reasons why women should be included in the Olympic games.